



DOVER PARK HOSPICE ANNUAL REPORT 2014-2015



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CHAIRMAN'S MESSAGE

Dover Park Hospice (DPH) continued to grow steadily in its last Financial Year (FY) as we gradually expanded our scope of services in the areas of medical care, pain management, emotional and spiritual support to better serve our patients.

Our multi-disciplinary team of clinical staff and allied

healthcare professionals continue to work closely together with volunteers to provide compassionate care for our patients. Our holistic approach to total patient care addresses our patients' physical needs and provides attention to their social and psychological well-being, with support extended also to their loved ones.

In this last FY, DPH's bed occupancy was up at 85.9%. In addition, the number of our Home Care patients increased to 407 last year, from 333 in FY2013/14. We expect to see more Home Care patients as the population continues to mature, as evidenced by the current trend.

As a non-profit entity, DPH relies heavily on donations. Donations enable the Hospice to continue caring for the terminally-ill and to train future generations of Palliative Care doctors, nurses, allied healthcare staff and also caregivers. Last year, donations from voluntary income and income from fundraising activities amounted to \$3.2 million.

In March 2014, DPH staff strength was 106. Compared to the corresponding period last year, our staff strength increased to 116. This was mostly due to additional and

budgeted headcount for new staff including those who were recruited for Project Dignity.

In October 2014, DPH embarked on Project Dignity; a special patient-centric initiative, made possible by Temasek Cares, who generously funded the \$2 million. Based under DPH Home Care, Project Dignity

specifically provides Palliative Care to home-bound, advanced-stage Dementia patients, to address the needs of advanced dementia patients and their primary caregivers. To-date, more than 80* patients have benefitted from this Project.

On behalf of the Council and staff at DPH, I would like to extend our sincere appreciation to our friends, donors, volunteers, sponsors, and partners for their steadfast support of our compassionate cause. Their contributions provided encouragement and energised our numerous initiatives.

We would like to seek your continual support as we work towards enhancing our services for patients with advanced terminal illnesses so that their "Every Moment Matters."

Prof Lionel Lee

Chairman, Governing Council

* number accurate at time of printing



GOVERNING COUNCIL



Founder & Honorary Council Member DR SEET AI MEE



Co-Founder & Honorary Council Member DR JERRY LIM



Executive Committee: (left to right) PROF LIONEL LEE • MS ONG AI HUA • MR CHEY CHOR WAI • MS ANGELENE CHAN • MS WOO E-SAH • MR TAN SENG HOCK











MS CHENG YOKE PING • A/P CHIN JING JIH • MS MARLENE FOO • DR JUNE GOH • MR ROBERT GOH • COL (RET) RUPERT GWEE • PROF HO YEW KEE



MR LESTER LEE • DR ROBERT LIM • MR LOW CHEE WAH • DR EDWIN LOW • MS JOY TAN • DR TANYA TIERNEY • DR SEET JU EE

CORPORATE INFORMATION

Registration

• Dover Park Hospice (the Hospice) is registered as a Voluntary Welfare Organisation in accordance with the Societies Act, Chapter 311.The Hospice is registered as a charity under the Charities Act, Chapter 37. The Hospice is approved as an institution of a public character (IPC) under the provisions of the Income Tax Act. The Hospice's tax exempt status has been extended from 1 October 2014 to 30 September 2017.

Registered Address

• 10 Jalan Tan Tock Seng, Singapore 308436

Unique Entity Number

• S92SS0138D

Auditors

• KPMG LLP

Banks

General Account

- DBS Bank Ltd
- Overseas Chinese Banking Corporation
- UBS AG, Singapore

Endowment Fund

- DBS Bank Ltd
- Overseas Chinese Banking Corporation

Fund Manager of the Endowment Fund

• Lion Global Investors Ltd

23RD GOVERNING COUNCIL MEMBERS Chairman

- Chaiman
- Prof Lionel Lee
- Vice Chairman
- Ms Ong Ai Hua

Founder & Honorary Council Member

Dr Seet Ai Mee

Co-Founder & Honorary Council Member

- Dr Jerry Lim
- Honorary Secretary
- Mr Chey Chor Wai

Assistant Honorary Secretary,

Building & Development Committee

• Ms Angelene Chan

- Honorary Treasurer
- Ms Woo E-Sah

Chairman, Audit/Governance Committee

Prof Ho Yew Kee

Assistant Honorary Treasurer & Chairman. Investment

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Mr Tan Seng Hock

Co-Chairpersons, Communications & Outreach Committee

- Mr Lester Lee
- Dr Tanya Tierney

Co-Chairpersons, Fundraising

- Dr June Goh
- Ms Joy Tan

Chairman. HR Committee

Mr Robert Goh

Chairman, IT Committee

- Col (Ret) Rupert Gwee
- Chairman, MPAC

• Dr Robert Lim

Chairperson, Volunteers

- Ms Marlene Foo
 Members
- Ms Cheng Yoke Ping
- A/Prof Chin Jing Jih
- Mr Low Chee Wah
- Dr Edwin Low
- Dr Seet Ju Ee

GENERAL DECLARATION Nomination and appointment of Council Members

All Council members were nominated and appointed to Council at the 23rd Annual General Meeting held on 16 August 2014.

All Council members declare that they are neither undischarged bankrupts nor have they been convicted of any offence in a court of law.

Governance Evaluation Checklist

With effect from FY 2013/14, Dover Park Hospice falls under the Advance Tier of Guidelines for purposes pf the Code of Governance (Code) for Charities and Institutions of a Public Character as the Advance Tier covers larger IPCs with gross annual receipts of \$10 million and more in each of its two immediate preceding financial years.

Dover Park Hospice has complied with the relevant guidelines as stipulated in the Code. Full checklist can be obtained at the Charity Portal (www. charities.gov.sg).

Conflict of Interest

All Council Members and employees of the Hospice are required to read and understand the conflict of interest policy in place and make full disclosure of any interests, relationships, and holdings that could potentially result in a conflict of interest. When a conflict of interest, real or perceived, Council members/employees will not participate in decision making and approvals of transactions to which they have a conflict of interest.



COMMITTEE MEMBERS

Executive Committee

- **Prof Lionel Lee (Chairman)** Ms Angelene Chan
- Mr Chey Chor Wai Ms Ong Ai Hua Mr Tan Seng Hock Ms Woo E-Sah

Appointment/Nomination Committee

Prof Lionel Lee (Chairman) Mr Chey Chor Wai Ms Ong Ai Hua

Audit Committee

Prof Ho Yew Kee (Chairman) Ms Cheng Yoke Ping Mr Robert Chew Ms Phyllis Kum Ms Woo E-Sah

Building & Development Ms Angelene Chan (Chairperson) Mr Lester Lee Prof Lionel Lee Ms Ong Ai Hua Ms Joy Tan Dr Stella Wee Ms Woo E-Sah Dr Wu Huei Yaw

Communications & Outreach Committee

Mr Lester Lee (Co-chairperson) Dr Tanya Tierney (Co-chairperson)

Mr Andrew Cheng Mr Chin Cheow Liang Ms Siti Rohanah Koid Ms Genevieve Kuek Mr Andy Seet Ms Wee Geok Hua Mr Wong Wei Kong

DPH Institute Taskforce

Dr Wu Huei Yaw (Chairman) A/Prof Josip Car Mr Robert Chew Dr Allyn Hum Dr Angel Lee Ms Ong Ai Hua Dr Ong Wah Ying Dr Tanya Tierney

Fundraising Committee

Dr June Goh (Co-chairperson) Ms Joy Tan (Co-chairperson) Ms Diane Chen Ms Stephanie Cheah Ms Junie Foo Dr Ho Ching Lin Ms Amy Lai Ms Sharon Saw Dr Karen Soh Ms Shan Tjio Dr Miranda Walsh Ms Vivien Yui

Human Resource Committee Mr Robert Goh (Chairman)

Mr Robert Chew Mr Andrew Loh Ms Ong Ai Hua Mr Low Chee Wah Dr Seet Ju Ee Mr Tan Kim Kwang Dr Uma Rajan

Investment Committee

Mr Tan Seng Hock (Chairman) Mr Freddy Orchard Dr Seet Ai Mee Mrs Tan Geok Lin Mr Michael Wong

Information Technology Committee

Col (Ret) Rupert Gwee (Chairman) Mr Shee Gim Leng Mr Robert Chew Mr Robin Koh Mr Lester Lee



Medical Professional Audit Committee

Dr Robert Lim (Chairman) A/Prof Chin Jing Jih Dr Gilbert Fan Dr Jeremy Lim Dr Jerry Lim Dr Edwin Low A/Prof Pang Weng Sun Ms Tiew Lay Hwa Dr Uma Rajan Mr Wu Tuck Seng A/Prof Eric Yap Adjunct A/Prof Nellie Yeo

Volunteers Committee Ms Marlene Foo (Chairperson)

Mr Cheang Boon Keong Mr Raymond Chiang Mdm Cheok Boon Kiew Ms Jasmine Chong Mr Randall D'Souza Mr Koh Wee Chee Mr Lester Lee Ms Kemmy Lim Ms Pearl Lim Mr Agus bin Othman Ms Mabel Pek Ms Irene Soon Ms Elsie Sng Ms Ida Tan Dr Tanya Tierney Ms Wee Geok Hug Mr Tony Wong Ms Lily Yak Ms Nancy Yap Mr Bernard Yeo Mr Douglas Yeo

SENIOR MANAGEMENT Chief Executive Officer Dr Stella Wee (from 2 April 2012)

Medical Director Dr Wu Huei Yaw (from 1 July 2013)

Senior Consultants Dr Allvn Hum

Dr Yang Sze Yee

Consultant

Dr Ong Wah Ying

Resident Physicians Dr Hoh Sek Yew Dr Karen Liaw Dr Beverly Siew

Head, Allied Health Ms Chee Wai Yee (on Study Leave from Jan to Dec 2014)

Head, Nursing Services Ms Chin Soh Mun

Head, Training & Development Ms Tan Wee King Manager, Administration & Finance Mr Steven Foo

Manager, Community Outreach Mr Allard Mueller

Manager, Corporate Communications Mr Ian Yip (from 23 February 2015)

Manager, Donor Management Ms Lilian Lee

Manager, Information Technology Mr Steven New

Manager, Human Resource Ms Nancy Lee

Assistant Manager, Patient Affairs Ms Joyce Lee

Assistant Manager, Volunteer Programmes Ms Tok Shou Wee

VISION

TO BE THE CENTRE OF EXCELLENCE FOR PALLIATIVE CARE SERVICES, EDUCATION AND RESEARCH

MISSION

TO PROVIDE COMFORT, RELIEF OF SYMPTOMS AND PALLIATIVE CARE TO PATIENTS WITH ADVANCED DISEASES REGARDLESS OF AGE, RACE OR RELIGION,

AND TO SUPPORT THE GRIEVING FAMILIES

DOVER PARK HOSPICE

CLINICAL & TRAINING

National Seminar on Productivity in Healthcare and ILTC Quality Festival 2014 EMAXNONC CARE THROUGH QUALITY AND PRODUCTIVITY #100 October 2014



FUTURE HOSPICE @ IICH

The planning for the future DPH in the Integrated Intermediate Care Hub (IICH) started this year and gathered momentum from April 2014. Key members of the Clinical Team were involved in the planning which included a two-day "Future State" discussion in

which included a two-day "Future State" discussion in May 2014, the Macro-3P exercise in July 2014 and Micro-3P exercise in August 2014. These events were organized by the TTSH's IICH planning team. There were also ongoing monthly user group meetings between our clinical staff, the architects, the hospital planners and our TTSH partner. The entire planning process was intensive and is likely to continue until the end of FY2015.

MEDICAL REPORT MEDICAL MANPOWER

The Inpatient Medical Team comprised the Medical Director, two Consultants (including one part-time), one Registrar (on attachment), a Resident Physician, and two Medical Officers (on three-monthly attachments from MOHH).

There were also doctors on short attachments to the Hospice under their respective residency programmes. These included the NUHS Family Medicine and Internal Medicine Residency Programs and the NHG Geriatric Medicine Senior Residency Program.

MEDICAL STAFF MOVEMENTS

There were significant Consultant movements for both inpatient and home care this past year.

INTRODUCTION

FY2014/15 was a busy year for the Clinical Team. It was also a year of many transitions, especially for the Homecare Team, with a change in the leadership and switching of clinical data recording from paper to the electronic platform. Overall, there was an

increase in the patient load for both inpatient and home care. The average bed occupancy rate in FY2014/15 was 85.9%, an increase of about 9.5%, as compared to FY2013/14. There was also a higher referral rate to our home care service during this financial year.

As our home care pilot program neared the end of its TOTE Board funding in March 2015, we started a new pilot program called Project Dignity. Project Dignity is a home hospice program specially tailored for patients with advanced dementia, focusing on advance care planning discussion with family and providing Palliative Care to patients at home. This three-year pilot is funded by Temasek Cares*. Like the home care pilot, it was another partnership between Dover Park Hospice and Tan Tock Seng Hospital (TTSH). Dr Allyn Hum, our Visiting Consultant from TTSH, is the program director of this new program.

This financial year, our Clinical Team also won several accolades at the Agency for Integrated Care's (AIC) Intermediate and Long Term Care (ILTC) Quality Festival with eight Service Quality Awards – Silver, two Good Practice Awards, and a Merit Award for Service Quality Improvement.

*Temasek Cares is an Institution of Public Character (IPC) set up in 2009 to commemorate the 35th anniversary of Temasek Holdings. At its founding, Temasek Cares was given an endowment of \$100M for programmes that reach out to Singaporeans in need.



INPATIENT

Dr Raymond Ng, a TTSH Palliative Medicine Consultant, was seconded to DPH (0.5FTE) in October 2014 to help with inpatient service. This arrangement will continue for the entire year in 2015.

HOME CARE

Dr Angel Lee stepped out of inpatient and focused mainly on Home Care, between October 2014 and December 2014. During this period, she also spent part of her time helping St Andrew's Community Hospital in its planning of a new Palliative Care ward. In January 2015, Dr Lee officially moved out of DPH and is now helping the DPH Home Care Team as a Visiting Consultant.

CHANGE OF HOME CARE LEADERSHIP

Dr Yang Sze Yee, who has been covering DPH Home Care over the last two years, took over the reins as the Consultant in-charge from Dr Angel Lee, with effect from 1 January 2015.

AWARD

Dr Ong Wah Ying was awarded the AIC ILTC Service Quality Award (Silver).

NURSING REPORT (INPATIENT) MANPOWER

The FY2014/15 Nursing Team comprised the Head of Nursing Services, two Nursing Managers, 20 Staff Nurses, 13 Enrolled Nurses, 19 Nursing Aides, and eight Healthcare Attendants.

STAFF DEVELOPMENT & EDUCATION

The Nursing Services' strategic plan for the future hospice emphasizes on strengthening the Nursing Team's educational foundation and building up the capabilities to take on new challenges.

The training road map and individual career development were carved out for every grade of nursing staff. In 2014, Nursing Service had sent its staff to different levels of Palliative Care education, which provided them with relevant skills and knowledge to better care for their patients and family members. The staff attended the following education programmes:

- Modular End-of-Life Nursing Education Consortium (ELNEC)
 - All newly-recruited staff from May 2014 to November 2014 attended the course



- Specialist Diploma in Palliative Care (SDPC) organised by Ngee Ann Polytechnic, National Cancer Centre & DPH
- ~ One Staff Nurse was awarded the SHMDP-ILTC Award
- Advanced Care Planning facilitator course organised by AIC and TTSH
 - Five Registered Nurses attended the ACP course between March 2014 and May 2014
- Introduction to Basic Palliative Care for ENs & NAs organised by DPH
 - ~ Two Enrolled Nurses & six Nursing Aides attended the course
- Certificate in Basic Palliative Care organised by DPH/AIC
 - ~ Three Registered Nurses completed the course in Feb/March 2014
- 7th Asia Pacific Society of Infection Control Training Course in Infection Control
 - Two Registered Nurses completed the course and qualified as Infection Control Liaison Nurses in August 2014
- Intensive Training for Dementia Care organised by TTSH in October/November 2014
- ~ Two Registered Nurses attended the training
- Quality Tool Kit course organised by AIC
 - ~ A Registered Nurse completed this course



Local conferences

- ~ Care of Dementia Two Registered Nurses attended
- ILTC Quality Festival by AIC/MOH Two Staff Nurses and two Enrolled nurses attended
- Clinical Instructor(CI) Course for RNs organised by NHG college
 - ~ Two Registered Nurses completed the course and graduated as CI
- Preceptor Training Course for RNs organised by DPH: Five Senior RNs attended this inaugural course

The following staff from Inpatient Nursing Team received the awards in 2014:

- SN Hai'rul Azhar SHMDP-ILTC/MOH Award 2014
- SSN Mya San Kyi MOH Nurses' Day Merit Award 2014
- HNS Chin Soh Mun AIC ILTC Service Quality Award (Silver)

(The CI and Preceptor certification are requirements by the Singapore Nursing Board for all institutions involved in clinical attachment of nursing students)



NURSES' ACTIVITIES/EVENTS

Nurses' Day on 1 August 2014

 DPH celebrated Nurses' Day on 25 July 2014. A total of four awards were presented to the different grades of staff for the "Most Popular Staff" Award. The awards were sponsored by Head of Nursing Services

Christmas Celebration

- The Staff Welfare Team from Nursing organised a carolling session on 23 December 2014. They brought much joy to the patients with Christmas carols and goodie bags. All clinical and administration staff were invited to join in this celebration
- Majority of nurses attended the Staff Support group activities in September and October 2014

Quality Improvement Projects

 Pain Management – aimed to improve the nurses' assessment on pain and breakthrough monitoring and documentation led by SN Lee Jing Ru and Dr Karen Liaw

- Clinical & Documentation Audits aimed to identify gaps and to improve staff
 service excellence, hand hygiene, and good clinical documentation
- New formatted Wound Chart for easy documentation by nurses
- Piloted & Implemented Palliative Care Outcome Scale (POS) Version 2 (Staff Version) in December 2014
- The Infection Control Team started working on an improvement project which looked at ward infection control signages so as to keep them current and in-line with the latest guidelines

IT INITIATIVES

The following nursing assessments were converted to electronic formats this year:

- Residence Assessment (RAF)
- Fall Risks Assessment
- Skin Assessment using Braden Scale
- POS (work in progress)
- Incident Reporting (work in progress)

ALLIED HEALTH SERVICE REPORT MANPOWER

The team of Allied Health professionals includes social workers, a counsellor, a physiotherapist, an art therapist, and a music therapist. Additional services including physiotherapy and occupational therapy were provided by Tan Tock Seng Hospital (TTSH) through ongoing service contracts.

Together with the medical doctors and nurses, the Allied Health professionals formed the multi-professional team to care for all of our inpatients and home care patients.

FINANCIAL ASSISTANCE

No patient in DPH was deprived of care because of financial difficulty. In FY2014/15, our social workers assisted 90 Singaporean patients with MediFund applications to cover more than \$97,000 in medical bills. Through its fundraising efforts, DPH also provided affordable care for patients who do not qualify for government subsidies. Other financial assistance extended to needy patients and families included payment for ambulance service and emergency funds to help them through financial crises while waiting for additional assistance from the community care providers.

MEANINGFUL ACTIVITIES FOR PATIENTS AND THEIR FAMILIES

Living up to our mission to care until the very end, the Allied Health professionals worked closely with Volunteers to carry out activities that were meaningful for our patients. Apart from specific projects such as the "Make-IT-Happen" initiative, which aims to honour our patients' last wishes, group activities which involved the families and caregivers were also organized. In collaboration with our corporate partner, Deutsche Bank, the Allied Healthcare Team organised the "Hearts & Craft" Family Day; a creative arts event to encourage our patients and their families to express their love for one another. The activities included painting doves to symbolize love, folding origami butterflies with messages of forgiveness, growing seedlings of gratitude in a terrarium jar, and leaving an imprint on a giant canvas to signify their life journeys. Two out of four runs of the event were held on 13 September 2014 and 31 January 2015. More than 100 patients and their family members attended the two sessions, supported by Volunteers from both Deutsche Bank and DPH, as well as staff members.

"I love all the fun activities today. I just want to express my "sorry" and love to my mother," said Andrew, a family member. "I think it worked."

"Very meaningful gathering for the family," Grace, a family member, said.

BEREAVEMENT SUPPORT

With more patients referred to our inpatient facility and home care service, DPH increased its pool of trained Volunteers to provide telephone followup to bereaved family members. The half-yearly memorial service, Rose for Remembrance, continued to be an opportunity for the DPH care teams to re-connect with bereaved families and share their memories of the patients who have come through our Hospice. A total of 220 family members attended the two services held on 12 April 2014 and 8 November 2014.

AWARDS

Ms Chee Wai Yee, our Head of AHS was awarded the AIC ILTC Service Quality Award (Sliver).



DOVER PARK HOME CARE REPORT MANPOWER

The Home Care Team comprised a consultant (part-time), two resident physicians, three Advanced Practice Nurses (part-time), a nurse clinician (NC), four nurses (three full-time and one part-time), two medical social workers (one part-time) and two administrative staff.

CHALLENGES

This was a challenging year for the DPH Home Care Team as it faced several major transitions. Dr Angel Lee officially handed over the leadership of the Home Care service to Dr Yang Sze Yee in January 2015.

NC Susan Chan will be away for her one-year Masters Programme in Palliative Care at King's College, U.K., under the SHMDP-ILTC Award scheme from January to December 2015. Her administrative role was temporarily handed over to Senior Staff Nurse Tan Li Kuan. The team also successfully switched from paper medical records to electronic clinical and medication records in October 2014.

PATIENT LOAD

In this financial year, we also saw an increase of 23% in the number of patient admissions compared to the previous year.

RESEARCH OUTCOMES

As we entered the final year of the pilot program, a Health Service Outcome Research (HSOR) study was conducted to evaluate our model of care which involved the integration of care across different settings. The results of the study were very encouraging, with a significant reduction in the number of Emergency Department visits and hospital admissions.

The research findings were presented in the oral presentation category at the Singapore Health & Biomedical Congress in 2014, titled "An Evaluation of the Dover Park Hospice Integrated Home Hospice Care Pilot". The principal investigator, Ms Tan Woan Shin from NHG HSOR, won the Singapore Young Investigator Award (Gold), Health Services Research, for this exciting research.

PROJECT DIGNITY

In October 2014, DPH partnered with TISH to start a three-year pilot home hospice program for patients with advanced Dementia, with a \$2.03 Million grant from

Temasek Cares. This program, named Project Dignity, aims to support advanced Dementia patients and their caregivers in their home, equipping caregivers with specific skills and engaging them in Advance Care Planning (ACP). This new pilot program involves a multi-disciplinary team of doctors, nurses, social workers and administrative staff. It forms a subsidiary service under Dover Park Home Care and Dr Allyn Hum, our Visiting Consultant, is the program director. Project Dignity staff worked closely with Dover Park Home Care, pooling manpower resources to provide for all the patients under both services. Project Dignity has served 42 patients between Oct 2014 and March 2015.

FINANCIAL ASSISTANCE

Besides inpatients, the MediFund scheme has also been extended to our Home Care patients to help defray the costs of medications, dressings and care needs of our needy patients in this financial year.

AWARDS

A few members of our Home Care Team won individual awards at the ILTC Quality Festival 2014:

• Dr Hoh Sek Yew

NC Susan Chan

• SSN Tan Li Kuan

APN Chen Wei Ting

They were the winners in the "Productivity & Innovation" category for Good Practice Award. The winning "Breakthrough" project streamlines work processes for the Home Care Team in administering medication through standardized labelling and utilizing Kanban Lean Methodology on managing stocks for medication and consumables, which has also been adopted for the inpatient setting. As we make the transition from a pilot program to an established home hospice service under MOH subvention from 1 April 2015, we aim to serve an increasing number of patients including those with the diagnosis of advanced dementia in Project Dignity.

TRAINING & DEVELOPMENT REPORT SHMDP-ILTC AND OTHER AWARDS

Head of Allied Health, Ms Chee Wai Yee completed her one-year MSc in Palliative Care at King's College London, UK, in January 2015, under the SHMDP-ILTC Award for FY2013/14. Senior Nurse Clinician Susan Chan Bee Sim was given the same award in FY2014/15 and is currently going through the MSc in Palliative Care, also conducted at King's College London, UK.

Staff Nurse Hairul Azhar became the fourth DPH staff to successfully complete the 10-month part-time Specialist Diploma in Palliative Care Nursing in December 2014. This course is jointly organised by Dover Park Hospice, National Cancer Centre, and Ngee Ann Polytechnic. The first course was started in 2012.

Nurse Educator, Halijah Jantan, was awarded the ILTC-Upgrading Programme scholarship to pursue the Bachelor of Nursing with La Trobe University, from 2014 to 2016.

NEW COURSE: PRECEPTOR TRAINING COURSE

Over the years, DPH has gained a reputation as a valued training ground for nurses and doctors-in-training, as well as post-graduates. To meet the Singapore Nursing Board's Standards for Clinical Nursing Education (2012) requirement of the number



of clinical instructors and preceptors to students on placement, DPH started a 16-hour Preceptor Training Course in January 2015 to equip its staff and potential preceptors from other organisations with the essential skills to precept and guide nurses on attachment. A total of 15 Senior Registered Nurses from Dover Park Hospice, HCA Hospice Care, Assisi Hospice, and St Andrew's Community Hospital completed the first course.

PARTICIPATION IN LOCAL AND OVERSEAS CONFERENCES

DPH staff made a couple of oral presentations and presented more than 10 posters at local and overseas conferences related to Palliative Care and quality.

A poster of the audit on the use of antibiotics in DPH, led by Dr Lo Tong Jen, an advanced trainee attached to the Hospice, won the First Prize at the Singapore Palliative Care Conference 2014. A second poster presentation by DPH Home Care team, titled "Breakthrough Project" was the Good Practice Award Winner at the AIC Quality Festival 2014.

There were a total of 35 attendances from DPH at these two conferences in 2014.

IT REPORT

This year saw the inclusion of Project Dignity, a home care service specifically for home-bound patients suffering from Advanced Dementia, being incorporated within the Integrated Hospice Management System (IHMS). The Project Dignity Service started in October 2014 and the crossover was completed in December 2014. The entire Project Dignity module was replicated from the existing Home care Service Module, and the implementation effort was only 20%, as compared to the initial start-up cost for the Homecare Service. The transition was smooth given that many of the processes were already built in within the IHMS.

Inpatient Service team also implemented the clinical assessments within the IHMS – the RAF Assessments, Braden Scale, and Fall Risk Assessments, were all digitized within the IHMS system.

The availability of clinical assessments were readily available and data trending was also made easier with the dashboard functions within IHMS. This translated to reduced workloads in preparing such charts, when previously, it was done using an Excel spreadsheet. This also improved staff satisfaction as they were able to spend more time on patient care. The clinical staff were thus able to review the patient history more effectively during a multi-disciplinary review as the assessments are now online.





AQUAMARINE	Volunteers from Moulmein CCC		
AMETHYST	Singing Group that performs for patients on 2nd and 4th Saturdays of the month from 11 am to 12 noon	Z	
CRYSTAL	Creates arts & craft items for fundraising purposes on every Saturday afternoon from 2 pm to 4 pm	GEMS	In-house choir consisting of DPH staff and volunteers that perform for patients and at DPH events
DIAMOND	A Malay-centric Group that organises the monthly birthday celebrations for patients and annual Hari Raya	JADE	Chinese-based Group which organises celebratory events for patients during Lunar New Year and Mid-Autumn festival
EMERALD	Celebrations Brings patients for outings to various places of interests every Thursday morning	LAPIS	Befriends patients and their family members as well as outreach during Vesak Day celebrations at Amitabha Buddhist Centre
GARNET	Volunteer Ambassadors who support DPH in public awareness efforts	OPAL	Provides massage service to patients to ease their aches and pains
		PEARL	Prepares nutritious home-cooked soups for patients on 3rd Wednesday of the month

RUBY	Brings pets to interact with patients under Pets Therapy Program on 2nd Monday and 4th Saturday of the month
SAPPHIRE	English Speaking Group which focuses on befriending, and providing music for patients' listening pleasure
SOKA	Prepares local delights of Kopi & Roti for patients on 2nd and 3rd Sundays
SUNSTONE	Provides hairdressing / grooming services for patients on Tuesday mornings
TANZANITE	Young volunteers from Lee Kong Chian School of Medicine (LKCMed)
TOPAZ	Gardening Group helps maintain the lush greenery at DPH
TURQUOISE	Volunteers for Home Care Services



VOLUNTEER INTEREST GROUPS

Chairperson	Ms Marlene Foo	
Amethyst	Mr Raymond Chiang	Charis Singing Group
Aquamarine	Mr KC Ang	Moulmein NC Ukelele Group
Crystal	Ms Ida Tan	Arts & Craft Group
Diamond	Mr Muhammad Agus Bin Othman	Malay-Speaking Group
Emerald	Ms Kemmy Lim	Patients Outing Group
Garnet	Mr Lester Lee	Ambassador Outreach Group
GEMS	Ms Nancy Yap	DPH Choir Group
Jade	Mr Koh Wee Chee	Mandarin-Speaking Group
Lapis Lazuli	Ms Wee Geok Hua	Amitabha Buddhist Group
Opal	Mr Douglas Yeo/ Ms Mabel Pek	Massage Group
Pearl	Ms Pearl Lim	Soup for Patients Group
Ruby	Mr Bernard Yeo	Pet Assisted Therapy Group
Sapphire	Mr Randall D'Souza	English-Speaking Group
SOKA	Ms Jasmine Chong	Kopi & Roti for Patients Group
Sunstone	Mdm Cheok Boon Kiew	Haircutting for Patients Group
Tanzanite	Dr Tanya Tierney	LKC Med Students Group
Turquoise	-	Home Care Volunteer Group
Topaz	Ms Elsie Sng	Gardening Group





SUNFLOWER GALA BALL 2014

Our annual signature fundraising event, held on Thursday, 31 July 2014, at the Shangri-La Hotel, was graced by Dover Park Hospice Patron, Dr Tony Tan Keng Yam, President of the Republic of Singapore, and Mr Gan Kim Yong, Minister for Health. The theme was "Flower Power," a whimsical harkening back to a simpler time of peaceful ideals and carefree youth.

We had iconic chef Justin Quek collaborating with the culinary team at the Shangri-La Hotel to bring us special dishes reminiscent of peace, freedom and love. The event raised over \$900,000 to provide support for Palliative Care for more terminally-ill patients, both at home and at Dover Park Hospice.

"ANGELIC VOICES" CHARITY CONCERT 2014

The "Angelic Voices" singers raised \$577,000 for Dover Park Hospice through their concert "BLISS: An Angelic Musical Treat" which was held at the Kallang Theatre on Sunday, 27 April 2014. The Guest-of-Honour was Mrs Goh Chok Tong.

The concert was produced by Telly Award winning entertainer and renowned producer, Jennifer Phillips.

BLISS titillated the audience with an amalgamation of classical music and video effects combined with stunning, light-inspired scene transitions. This musical treat also featured beautiful renditions of classics such as "The Prayer" by Celine Dion, "My Dear Child" (亲爱的小孩), "Moon Melody" (月亮颂) performed on the piano, and many other great songs in English, Mandarin and Cantonese, which brought many music lovers on a memorable nostalgic trip of the good ole days.



TOP STUDENT AWARD FOR SPECIALIST DIPLOMA IN PALLIATIVE CARE NURSING (APRIL - DECEMBER 2013) Senior Staff Nurse Tan Li Kuan was honoured with the Dover Park Hospice (DPH) Top Student Award on 31 May 2014, at the Graduation Ceremony of the Specialist Diploma in Palliative Care Nursing Course, which was conducted from April 2013 to December 2013. The Course was created in

collaboration with Ngee Ann Polytechnic, National Cancer Centre, and DPH.

Li Kuan has been with DPH for 2.5 years and she chose to pursue the "Specialist Diploma in Palliative Care Nursing Course," as it was tailored to equip nurses to be more effective in providing Palliative Care. She believes the knowledge and practical skills acquired will translate into better care for our patients and their families.

NURSES MERIT AWARD - 6 AUGUST 2014

Staff Nurse Mya San Kyi is a dedicated nurse. Her passion for Palliative Care Nursing has sustained her learning journey at DPH. She is also patient and shares good knowledge and advice to new nurses and student nurses. She treats her patients with dignity and respect.

San Kyi was awarded the MOH Nurses' Day Merit Award 2014, which was presented by the Minister for Health, Mr Gan Kim Yong, on 6 August 2014 at the lunch-time ceremony @ Orchard Hotel. This award is given in recognition of her outstanding performance and dedication to Nursing.

San Kyi embraced the challenge of moving to Singapore to work in DPH 10 years ago. Over the years, she has demonstrated good clinical knowledge and skills in

C Quality Festival 2014 NG CARE THROUGH QUALITY AND PR



providing comfort and care to patients and their family members. She is also a role model in providing guidance and preceptor-ship to new staff and students on clinical attachments.

ILTC EXCELLENCE AWARDS 2014

The ILTC Excellence Service Awards (Gold/Silver)

recognises the outstanding service and contributions of staff to the organisation. The ceremony was held in conjunction with the ILTC Quality Festival on 10 October 2014 at the Singapore Expo.

The winning entries from DPH were:

- Silver Quality Award
 - ~ Eight Award winners for Silver Award
- Good Practice Award (Team Award)
 - ~ One Merit Award winner for Service Quality
 - ~ One Award winner for Productivity and Innovation

SHMDP-ILTC FY2014

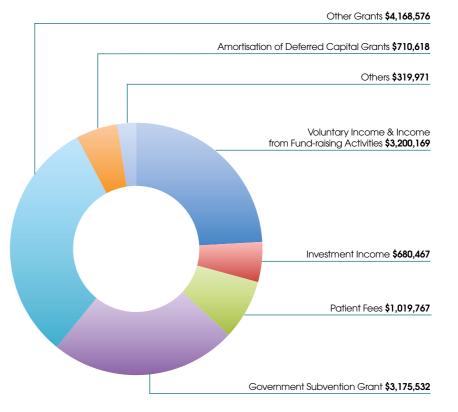
Nurse Clinician Miss Susan Chan received a Fellowship Award under a local Social & Health Manpower Development Programme for the Intermediate & Long-Term Care sector (SHMDP-ILTC) to pursue a one-year MSc in Palliative Care Programme at King's College, London, U.K., which commenced in January 2015.

King's College's well-established MSc in Palliative Care, developed with St Christopher's Hospice, has supported the career development of hundreds of healthcare professionals who are now advancing Palliative Care practice, research and policy, nationally and internationally.

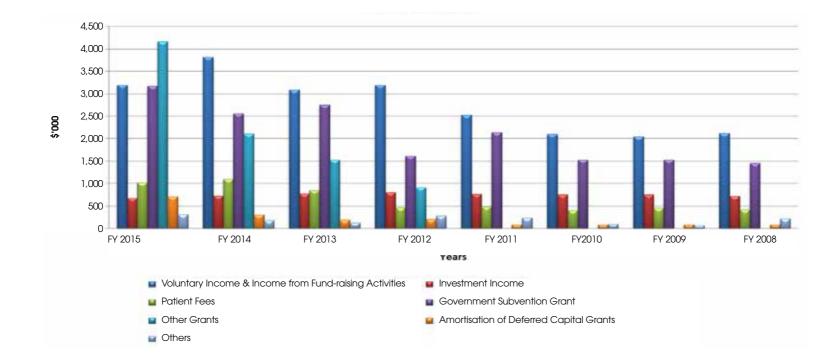
FINANCIAL HIGHLIGHTS

TOTAL INCOME FOR THE YEAR

	FY 2015	FY 2014
Voluntary Income & Income		
from Fund-raising Activities	3,200,169	3,819,004
Investment Income	680,467	731,626
Patient Fees	1,019,767	1,104,541
Government Subvention Grant	3,175,532	2,560,975
Other Grants	4,168,576	2,111,146
Amortisation of Deferred Capital Grants	710,618	307,365
Others	319,971	190,125
	13,275,100	10,824,782

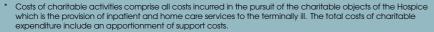




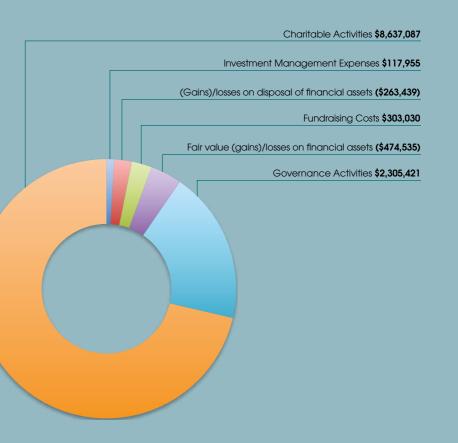


TOTAL EXPENDITURE FOR THE YEAR

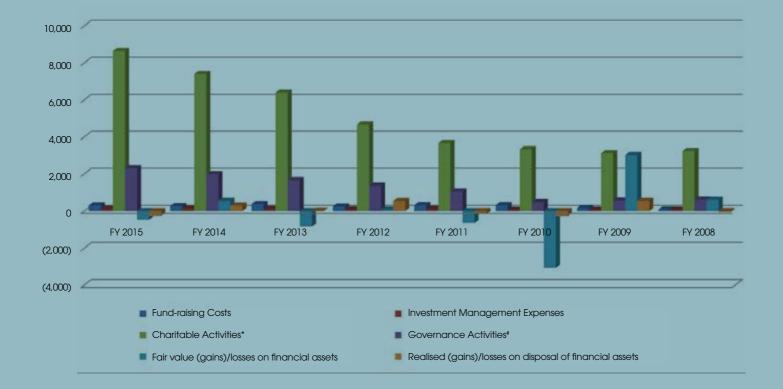
	10,625,519	10,608,715
(Gains)/losses on disposal of financial assets	(263,439)	291,155
Fair value (gains)/losses on financial assets	(474,535)	542,592
Governance Activities#	2,305,421	1,984,811
Charitable Activities*	8,637,087	7,394,840
Investment Management Expenses	117,955	127,895
Fundraising Costs	303,030	267,422
	FY 2015	FY 2014



[#] Governance activities comprise all costs attributable to the general running of the Hospice in providing the governance infrastructure and in ensuring public accountability. These costs include costs related to constitutional and statutory requirements, and include an apportionment of overhead and support costs.



EXPENDITURE FROM FY 2008 TO FY 2015



* Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Hospice which is the provision of inpatient and home care services to the terminally ill. The total costs of charitable expenditure include an apportionment of support costs. * Governance activities comprise all costs attributable to the general running of the Hospice in providing the governance infrastructure and in ensuring public accountability. These costs include costs related to constitutional and statutory requirements, and include an apportionment of overhead and support costs.



IN APPRECIATION

Dover Park Hospice wishes to express our appreciation to all corporations, organisations and individuals for their generous support for the past year. Due to space constraints, we can only list donors who have contributed \$1,000 and above. Nevertheless. we thank all our donors for contributing towards Dover Park Hospice's compassionate cause of providing care and comfort to terminally-ill patients and their families during their difficult times and helping to make "Every Moment Matters". It is indeed a privilege to have your support.

If we have inadvertently left out any donor, please accept our sincerest apologies for the oversight.

INDIVIDUALS

Α

A R Jumabhoy Andrew Soetjahjo Moeljohartono Ang Bee Yan Ang Peck Neo, Jaclyn Ang Peng Tiam (Dr) Au Oi Leng Aung Tin Aw Kian Heng Aw Yen Loi

С

Cadwallader, David John Cala, Angelena Chan Guek Cheng, Noreen (Dr) Chan Keng Meng Chan Kin Ming Chan Kwok Sum, Samuel Chan Wai Fen Chan Wai Leong Chan-Lien, Margaret Chang Chia Joo (IMO - Ong Keng Sim) Chang, Eric Cheah Hock Leong Chee Mei Lin, Lynette Chen Choong Joong Chen Choong Joong (IMO - Mrs Nellie Chen) Chen Dan, Diane Chen Ming Li Chen Wei Ting

Chen Wern Sin Chen Yin Mun Chen Zhi Huana, Steven (IMO - Tan Say Choon) Chena Hena Yu Cheng Lay Meng Cheng Oon Teck, Andrew Cheng Wei Liana Cheng Yoke Ping Chena Yona Liana Cheong Fook Onn, Andrew Chew Aik Phon Chew Kwee Neo Chew Sutat Chew. Robert Chev Chor Wai Chi Eelvn Chia Kwok Wah Chia Piah Yam Chia Sow Hwa (IMO - Yeo Yee Kim) Chia Wei Khua Chia, Fredic Chiam Quee Lun Chiana Hona Yena Chin Jing Jih (A/Prof) Chin Soen Ming & Lin Yiet Lan Chin Yau Sena Ching Hwee Hong Chionh Chve Luav Chng Chee Kiong Choe Fook Cheong, Alan Choena, Florence

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D

Daljeet Singh Sidhu De Cruz, Melanie Angela De Shen, The Tai Pei Old People's Home Dilhan Pillay Sandrasegara

Е

Ee Beng Neo, Cecilia The Estate of Madam Lim Ah Ho

F

Fang Eu Lin Fang Woan Pin Fock Siew Wah Fock Yin Ling Fong Yeng Chung, Frank Foo Jong Wey Foo, Junie Fu, Felicia

G

Gan Soh Har Gho Lian Chin Goh Chee Wee Goh Chin Ena Goh Eng Heng (IMO - Lee Beng Wah) Goh Gaik June (IMO - Choo Poh Sim) Goh Pheck Suan, June (Dr) Goh Say Hong, Robert Goh Seow Hona Goh Song Eng (IMO - Tan Muay Kia) Grimberg, Joseph Gupta Sonali Gwee Chwee Kee, Rupert

Н

Hang Ai Chiau Heng Chung Huat, Kelvin Ho Kah Ley Ho Mui Peng Ho Nguk Choo, Deborah Ho Sau Ling Ho Siok Hwa Ho Tian Yee Ho Wing Onn Ho Yat Leong Ho See Cheng Hochstadt Herman, Ronald Hsu Chin-Ying, Stephen Hui Choon Wai Hwang Shian I, Eric

J

J Oerstroem Moeller Jim Rogers John Paul Antico Joseph Grimberg

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Kuok Khoon Hong

L

Lai Jiunn Herna Lai Kim Sena Lai Mun Kwona Lai Pat Kheem Lai Tze Chang, Stanley (Dr) l am Kah Hoe l am Kun Kin Lam Yi Youna Lars Sorensen Latha F K Mathew Lau Cheng Huat, David Lau May Fen, Valerie Lau Soo Lui Lee Chia Poh, Alvin Lee Chong Min Lee Geck Hoon, Fllen Lee Hock Tan, Clifford Lee | Wuen (Dr) Lee Kim Hock, Lionel (Prof) Lee Min, Eugene Lee Muk Lin, Jo Lee Onn Kei, Angel (Dr) Lee Siow Kiang, Georgia Lee Swee Chan Lee Teck Thve l ee Tuan lee.lennon Lee, Lettv Leo Hee Sun (IMO - Lim Mong Lan) Leona Chee Sena

Leow Suat Lav (IMO - Chow Yew Weng) Li Qianwei Li Yixina (IMO - Teo May Ho) Liew, Onnah Lim Ah Tong, Asher (IMO - Lim Siu Hong) Lim Boon Kit Lim Chena Puav (IMO - Toh Teck Bugy) Lim Chew Meng, Vincent Lim Chona Hian Lim Han Ngee Lim Hona Khena (IMO - Chiah Hiona) Lim Hui Mien, Sharon Lim Kian Tho, Jerry (Dr) l im Kim Hwa Lim Kona Ena Lim Leona Keow l im Mei Yin Lim Peck Neo, Lillian (IMO - Lim Han Seona) Lim Seng Cheong, Robert (Dr) Lim Seng Wai, David Lim Ser Yona Lim Siew Hona (IMO - Lim Chwee Seng) Lim Siew Lina Lim Siok Mei Lim Su Yin Lim Tian Soo

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0

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Q

Quek Joo Huat Quik Lee Lee (IMO - Khoo Choo Tin)

R

Rajput Jatin Robert John Savage Robins, Lisa

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Tan Sim Hock

Tan Soek Kee

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Tan Tai Soon

Tan Soo Hwee

Tan Soon Yee, Alvin

Tan Teng Lin, Sheila

Tan Whei Mien, Joy

Tan Yang Guan

Tan Yap Phang

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Tay Chin Chye

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Tang Kian Cheong

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Υ

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Yuen Thio, Stefanie Yui, Vivien

FAMILIES OF THE LATE

Chan Hui Yin Chia Shook Yin Mdm Fung Choi Lin Mr Koh Chuan Hock Lim Kim Chye Mdm Loo May Ling Pek Siew Kee Soo Choon Lai Mdm Tan Ah Lan Tan Heng Kwang Tan Kin Chean Mdm Tay Sok Hua Mr Teo Kian Giap Mdm Tham Lee Yong Mdm Toh Wee Mr Wong Joon Tong

ORGANISATIONS

Α

Aegis Portfolio Managers Pte Ltd Aggregates Engineering Pte Ltd Alliance Steel Pte Ltd Amitabha Buddhist Centre Arie Darma Enterprises (S) Pte Ltd ASL Aviation Group Pte Ltd

(IMO - Ann Lim nee Tan Leng Kim) Automated Micron Assembly Pte Ltd

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D

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L

Lee Foundation Lee Kim Tah Foundation Lee Kim Tah Holdings Limited Lien Foundation Life Incorporated Pte Ltd Lion Global Investors Limited

М

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Sunray Woodcraft Construction Pte Ltd

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U

U-Want Services Pte Ltd

W

Web Structures Pte Ltd William Security Services Wing Ship Marine Services Pte Ltd Y

Yongnam Engineering & Construction Pte Ltd

DOVER PARK HOSPICE

Dover Park Hospice was founded in 1992 as a secular, non profit organisation to meet the growing need in Singapore for hospice care for terminally-ill patients. It is Singapore's first purpose-built hospice, designed to provide a serene environment close to nature.

Dover Park Hospice was started by volunteers, and today, volunteers continue to play an integral role in all aspects of hospice work, from patient care to social activities and administrative support. They are an important complement to the permanent staff, working together for patients and their families.

Open to everyone regardless of age, race, religion or income level, Dover Park Hospice is dedicated to meeting the unique physical, emotional and spiritual needs of those who are nearing the end of life's journey. The goal is to enhance the living, comfort the dying and support the grieving with compassion and dignity.

At Dover Park Hospice, Every Moment Matters. Since opening its doors to the first patient in 1995, we have brought care and comfort to more than 8,000 terminally-ill patients and their families through a programme of active and compassionate service.

To cover its operating expenditure which is estimated at \$12 million per year, Dover Park Hospice relies a lot on fundraising activities and kind donations from generous well-wishers and corporations.

CARING TILL THE VERY END

Since 1995, our dedicated team of healthcare professionals and volunteers at Dover Park Hospice has been helping patients spend their last days in comfort and dignity. We adopt a holistic approach to total patient care, with attention not just to their physical needs, but also their social and psychological ones. Our patients have advanced incurable illnesses and are often troubled by symptoms such as breathlessness or nausea. Hence the control of pain and other symptoms is a priority. Equally important is psychosocial care, whether in the form of financial assistance, social activities or formal counselling. Family and friends are included in our circle of care which extends to bereavement support.



DOVER PARK HOSPICE

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