



DPH Digest is a monthly refresh of events, news updates, useful articles and happenings in and around Dover Park Hospice.



Ain Society spreads Lunar New Year cheer to DPH patients

On 31 January, 9 representatives from Ain Society visited Dover Park Hospice to distribute Chinese New Year tokens and care packs to all our patients in the wards. Our patients were deeply touched by the generosity and thoughtfulness of the gesture, and enjoyed seeing such cheerful faces. Ain Society's mission to fill lives with hope was realised here at DPH, as they contributed greatly to the joy of our patients. In their feedback, the representatives reflected that during their visit they "learnt the joy of being happy in giving back to the community, even more to those who are going through this stage/condition in life." It's no wonder these representatives have such big hearts for our patients, as some of them are patients themselves going through treatment for their illnesses.

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Outreach efforts at Fajar Spring Pacific Activity Centre

On 1 February, Communications & Outreach Executive Rachel Foo and Staff Nurse Lydia Quah spoke to 25 senior beneficiaries at Fajar Spring Pacific Activity Centre. Ms Foo spoke about Dover Park Hospice's background, history and mission, as well as the common myths surrounding hospice care. Ms Quah shared useful information on Advance Care Planning (ACP); on how to initiate ACP discussions with loved ones, its benefits, how to start the process and the common questions on ACP. The talk was conducted in both English and Mandarin.

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Singapore Buddhist Lodge volunteers and staff visit DPH

In conjunction with their 2018 Annual Welfare Foundation programme, Singapore Buddhist Lodge Welfare Foundation distributed towels and Chinese New Year red packets to residents of Dover Park Hospice on Thursday 8 February. We were fortunate to be one of their many beneficiaries as the hospice was their 7th stop of the day, with 2 more places left on the list! It was extremely heartening for both DPH staff and patients to be recipients of such a kind gesture from the Singapore Buddhist Lodge and we look forward to welcoming them again soon!

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DPH Volunteer publishes book

Our volunteer Dr Lai Kok Fung has recently published a Chinese book titled 人间歌语. In it, he wrote about many popular Chinese oldies, and his experience of playing these songs as a volunteer pianist in DPH in the last 10 years. Through these songs, he has encountered many patients and family members here. The songs have touched them, just as their stories have also touched the people around them.

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