



DPH Digest is a monthly refresh of events, news updates, useful articles and happenings in and around Dover Park Hospice.



DPH Volunteer and Staff inspire attendees at this year's Singapore Patient Conference

As part of this year's Singapore Patient Conference, centred around "Volunteerism - Powering Change in Health and Social Care", our very own Advanced Practice Nurse, Ms Chen Wei Ting, and Volunteer, Mrs Linda Hart, spoke about Home Care and the significance of volunteerism at CareConnect in Tan Tock Seng Hospital (TTSH) on the 17th of October.

We look forward to more opportunities to inform and connect with our communities as we continue to spread the word and bust myths about Palliative Care.

[View Video](#) | [View Photos](#)

DPH continues to bust myths about hospice care at SHC inaugural community event

Dover Park Hospice took part in Singapore Hospice Council's inaugural community engagement event that was held on the 28th and 29th of October at Ang Mo Kio Central Stage. The event aimed to raise awareness of palliative care and to celebrate World Hospice & Palliative Care Day. The Guest of Honour was Mr Tan Chuan-Jin, Speaker of Parliament, and Special VIP Dr Amy Khor, Senior Minister of State, Ministry of Health, was also present to show her support for Singapore's growing palliative care efforts.



View photos [here](#) and [here](#).

DPH wins the President's Volunteerism and Philanthropy Award in the Non-Profit Organisation Category

Dover Park Hospice is honoured to be the recipient of the President's Award for Volunteerism and Philanthropy, Non-Profit Category. We see this award as recognition for the 25 years of service that our volunteers have put in. In fact, the hospice was founded by volunteers in 1992. As such, having volunteers as part of the team offering hospice care to patients has created a culture unique at DPH. We want to highlight the commitment, generosity and love they pour out each year for our patients, alongside our caregivers and staff. Their resilience, strength and selflessness in times of despair give us the best encouragement to continue doing what we do. We now stand at over 400 active volunteers who support our cause in many different ways.

[Read more](#)



A CHANCE TO WIN: Caring for our Caregivers

Since our Caregivers work so hard to make sure the needs of their loved ones are met, let's do the same for them! Do you know of a caregiver who has been working tirelessly and needs a hand? Here's a chance for you to show your appreciation for them and reward them for their hard work! Be in the draw to win a \$100 worth of NTUC vouchers by following these steps:

1. Post a photo of a caregiver on Facebook and/or Instagram looking after their loved one (make sure you get their consent first).
2. Tell us why the caregiver deserves a break, and what you would like to honour them for. Use the hashtags **#DoverParkHospice** and **#careforcaregivers** in your caption and make sure your post is public!
3. Like the Dover Park Hospice FB page and follow us on Instagram.
4. Share this post with your friends.
5. Once you have completed all these steps, comment on our post to let us know you have entered the competition so that we don't miss your entry!

Competition closes on **Wednesday the 31st of January 2018 at 12pm**. The winner will be announced on Wednesday the 7th of February 2018 on our Facebook page!

[Visit our FB Page](#)

DPH in the News

Volunteer Mdm Cheok Boon Kiew featured on 'Oh My Heroes!' variety show on Channel 8

Mdm Cheok Boon Kiew has been volunteering at Dover Park Hospice since 1996. When she began volunteering at DPH, she saw a need for professional hairdressers who could help patients look better and feel better with good haircuts. So she started conducting training for new volunteers, as well as roping in professionals to join the group. Every Tuesday morning, the group meticulously cuts to the patients' requests and chit chats with them. When looking into the mirror at the end of a haircut, the patients smile with satisfaction.

[Watch show here](#)

Nurse Jing Ru on Deutsche World News

"The secret of life is to cherish every moment that we have and to make meaning out of the things that we do." Our very own Nurse Jing Ru was recently featured in a Deutsche World News documentary on

Healthcare. You can view it on Youtube by following the link below. (Please note that the DPH portion starts at 17:13)

[Watch video here](#)

DPH in the Straits Times: Winner of President's Volunteerism and Philanthropy Award in the Non-Profit Organisation Category

[View news clipping here](#)

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