

# Volunteer Schedule September to October 2018

Weekly	Activity	Time	Group
Monday	On Piano – Ms Ng Bie Tin	4.00pm – 5.00pm	Sapphire (Musicians)
Tuesday	Hair-cutting	8.30am – 10.30am	Sunstone
Wednesday	Library Volunteers	10.00am – 12.00pm	Sapphire
Thursday	Patients' Outing On Piano – Ms Yuko Arai	8.30am – 12.00pm 9.00am – 10.00am	Emerald Sapphire (Musicians)
Friday	Happy Hour On Piano – Mr Patrick Foo	4.15pm – 5.15pm 5.00pm – 6.00pm	Sapphire Sapphire (Musicians)
Saturday	Gardening On Piano – Mr Lin Xu Zheng Dr Lai Kok Fung	10.00am – 1.00pm 3.00pm – 4.00pm 4.00pm – 5.30pm	Topaz Sunshine Sapphire (Musicians)
	Massaging Patients	4.00pm – 6.00pm	Opal
Sunday	On Violin – Ms Samyukta Balsubramani	11.00am – 12.00pm	Sapphire (Musicians)

Monthly	Activity	Time	Group
<b>Monday</b>			
10 Sep & 8 Oct	Pet-Assisted Therapy	2.30pm – 3.30pm	Ruby
<b>Wednesday</b>			
19 Sep & 17 Oct	Soup for Patients	12.00pm – 1.30pm	Pearlie's Angels
<b>Saturday</b>			
1 Sep & 6 Oct	Birthdays	3.00pm – 5.00pm	Diamond
1 Sep & 6 Oct	Ukulele performance for patients by Moulmein Cairnhill Ukulele Interest Group	3.00pm – 4.00pm	Aquamarine
8 & 22 Sep 13 & 27 Oct	Popular evergreen songs for patients	11.00am – 12.00pm	Charis Amethyst
8 & 22 Sep 13 & 27 Oct	Saturday Afternoon Sing-Along	3.00pm – 5.00pm	Blue Sapphire
22 Sep & 27 Oct	Pet-Assisted Therapy	10.00am – 11.00am	Ruby
1 & 15 Sep 6 & 20 Oct	Arts & Craft	2.00pm – 5.00pm	Crystal
<b>Sunday</b>			
9 & 16 Sep 14 & 21 Oct	Kopi & Roti Session	10.00am – 12.00pm	Soka Moonstone

Training Courses	Date	Time	Venue
<i>Courses are conducted in English</i>			
Orientation for volunteers	22 Sep (Saturday)	9.00am – 1.00pm	Resource Room
Basic Palliative Care Part 1	29 Sep (Saturday)	9.00am – 4.00pm	Resource Room
Basic Palliative Care Part 2 – Session 1	13 Oct (Saturday)	9.00am – 4.30pm	Resource Room
Basic Palliative Care Part 2 – Session 2	20 Oct (Saturday)	9.00am – 4.30pm	Resource Room

For more information on DPH programmes, please contact:  
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# ChitChat



DOVER PARK HOSPICE  
Every Moment Matters

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## Vesak Day celebrations and community outreach with Amitabha Buddhist Centre (Field next to Aljunied MRT, 26-29 May 2018)

A longstanding community partner of 18 years, the Amitabha Buddhist Centre first offered a batch of 33 volunteers for training in Basic Nursing Care, Communication Skills and Massage Skills in 2000. The Centre's annual Vesak Day celebrations and community outreach event provides adopted partners like Dover Park Hospice (DPH) a platform to engage the public on matters and values related to kindness and compassion.

As with previous occasions for over a decade, DPH was provided a complimentary booth to offer hand-made crafts to the public in exchange for donations. The booth and community engagement would not have been possible without the support from volunteers of Lapis Lazuli, Garnet and Crystal Groups.



## Every Moment Matters 2018

(NTU Lee Kong Chian School of Medicine Building, 28 June 2018)

Into its fourth instalment, this annual community and corporate stakeholder engagement event brought together almost 100 guests for an evening for conversation and celebration, strengthening existing relationships and also building new ones.

DPH gave out certificates and plaques as tokens of appreciation to corporate and community partners – new, 5-year and 7-year partners. In addition to honouring these meaningful partnerships, there was a panel discussion featuring speakers Ms Joyce Chee from Credit Suisse (VP, Philanthropy Advisory, Responsible and Impact Investing) and Dr Goh Wei Leong from

HealthServe (Co-founder). The insightful discussion covered areas on dignity in service and employee engagement for sustainable corporate social responsibility work.

Volunteers from groups such as Garnet, Sapphire and Crystal, contributed many helping hands in the set-up and tear-down of the event, in addition to engaging guests and sharing with them DPH's good work. After this event, there were new community and corporate organisations that expressed interest in joining this growing conversation on hospice and palliative care.



## Dover Park Hospice Sunflower Gala Ball 2018

(The Shangri-la Hotel, 12 August 2018)

The Sunflower Gala Ball is DPH's yearly marquee fundraiser. The event was graced by Guest-of-Honour President Halimah Yacob and successfully raised over S\$1.2 million which will be channelled to help support the growth of the Hospice and its endeavor to making every moment matter for the patients, who live with life-limiting illnesses.

In line with this year's theme "The Enchanted Garden of Life", Topaz Group volunteers stepped up to help make terrariums for fundraising, while the DPH GEMS Show Choir teamed up with costume sponsor Raffles College of Higher Education, vocal coach Ms Audrey Jansen and choreographer Mr Gino Flordeliza Babagay to deliver entertaining vocal performances.

