

Schedule for April to June 2020

Weekly	Activity	Time	Group
Monday	On Piano -Ms Ng Bie Tin	4:00pm - 5:00pm	Sapphire (Musicians)
Tuesday	Hair-cutting	8:30am - 10:30am	Sunstone
Thursday	Patients' Outing	8:30am - 12:00pm	Emerald
Friday	Happy Hour	4:15pm - 5:15pm	Sapphire
	On Piano -Mr Patrick Foo	12:30pm - 1:30pm	Sapphire (Musicians)
Saturday	Gardening	10:00am - 1:00pm	Topaz Sunshine
	On Piano -Mr Lin Xu Zheng -Dr Lai Kok Fung	3:00pm - 4:00pm 4:00pm - 5:30pm	Sapphire (Musicians)
	Massaging Patients	3:30pm - 5:30pm	Opal

Monthly	Activity	Time	Group
Monday 13 April, 11 May, 8 June	Pet-Assisted Therapy (2 nd Monday of the month)	3:00pm - 4:00pm	Ruby
Wednesday 15 April, 20 May, 17 June	Soup for Patients (3 rd Wednesday of the month)	12:00pm - 1:30 pm	Pearlie's Angels
8 April, 13 May, 10 June	On Piano -Ms Yuko Arai	10:30am - 11:30am	Sapphire (Musicians)
Saturday 4 April, 2 May, 6 June	Birthdays	3:00pm - 5:00pm	Diamond
4 April, 2 May, 6 June	Ukulele performance for patients by Moulmein Cairn Hill Ukulele Interest Group	3:00pm - 4:00pm	Aquamarine
11 & 25 April, 9 & 23 May, 13 & 27 June	Popular evergreen songs for patients	11:00am - 12:00pm	Charis Amethyst
11 & 25 April, 9 & 23 May, 13 & 27 June	Saturday Afternoon Sing-Along	3:00pm - 5:00pm	Blue Sapphire
25 April, 23 May, 27 June	Pet-Assisted Therapy	10:00am - 11:00am	Ruby
4 & 18 April, 2 & 16 May, 6 & 20 June	Arts & Craft	2:00pm - 5:00pm	Crystal
Sunday 12 & 19 April, 10 & 17 May, 14 & 21 June	Kopi & Roti Session	10:00am - 12:00pm	Soka

For more information on DPH programmes, please contact:
Tok Shou Wee at Tel: 6500 7265 / HP: 9048 9174 or email shouwee_tok@doverpark.sg



Dover Park Hospice
Every Moment Matters

ChitChat

Dover Park Hospice Volunteers Newsletter
April - June 2020 Issue

Halliburton – Our Partner in Making Every

Moment Matter

Our corporate partners play an integral role in ensuring that we are able to give the highest level of care to our patients. We are pleased to share that Halliburton has adopted Dover Park Hospice as its official charity for 2019. Last December, they organised a MassKara parade and a fundraising carnival at their two respective plants, in support of DPH. More fundraising activities are also in the pipeline this year.

In this issue, we speak to Mark Dawson, Vice-President of Halliburton Completion Tools, to find out more about Halliburton's CSR philosophy and plans for this year.



Halliburton staff in their vibrant costumes at the MassKara Parade

What is Halliburton's Corporate Social Responsibility (CSR) philosophy?

Enhancing the economic and social well-being of the communities in which we operate is among Halliburton's most enduring principles. Our founder, Erle P. Halliburton, established a heritage of positive community impact through generous support for local charities and causes in his community. Today, the company creates opportunities to benefit the communities where we live and work.

One of the ways we do this is through the Halliburton Foundation, an organisation that supports education at all levels, and charitable organisations through employee matching gifts and direct grants.

We also hold an annual Charity Golf Tournament, which has raised more than US\$19 million over the years to help support non-profit organisations and strengthen our communities.

As an organisation that believes in CSR, how do you encourage/ support your employees to give?

We have a strong culture of volunteerism at Halliburton. Our employees spend thousands of hours organising fundraisers for disease research, assisting children and seniors, participating in environmental improvement projects, and supporting hundreds of other community initiatives. We are proud of the philanthropic spirit of our employees and their desire to help others, and strive to support employee volunteer efforts around the world. To make an even greater impact, we have established volunteer teams throughout the regions where we operate. These teams continually assess the needs of their communities, and offer their time and talents to improve community wellbeing.

In addition to volunteer opportunities, our "Giving Choices" matching gift programme invites employees around the world to support qualified charities and non-profit organisations with donations. From the start of this programme in 2005 up to 2019, Halliburton employees have pledged more than US\$39 million to support over 1,500 charities worldwide.

We were grateful to be Halliburton's adopted charity in 2019. Can you share how Halliburton chooses which charity/ community to support?

Dover Park Hospice was selected by employees who participate in a Halliburton programme called "iMPACT", which serves as a networking and career development resource. The Singapore chapter of "iMPACT" selected Dover Park Hospice as the recipient of its charitable giving efforts in 2019, and continues to encourage employees to give in 2020 through the "Giving Choices" programme.

The "iMPACT" group selects charities based on their alignment with Halliburton's four pillars of giving: education, environment, health & safety and social service. This allows employees to make a positive impact on a wide spectrum of needs in the communities where they live and work. In past years, the Singapore chapter supported children and their families affected by childhood cancers via the Children's Cancer Foundation. It also subsidised dialysis treatment of needy members of the community by partnering with the Kidney Dialysis Foundation.

Corporate volunteerism - beyond stakeholder engagement

In this edition of Chit Chat, let us find out how companies' involvement in volunteering impacted and benefited their staff. We are pleased to invite two of our very own volunteers, Ms Patricia Ing and Ms Cheah Li Yean, to share with us their perspectives on how being involved in corporate volunteering differs from/ complements their personal roles as volunteers of Dover Park Hospice (DPH).

Patricia

How did your role as a CSR volunteer motivate you to become our very own DPH volunteer?

I am very thankful to be working for SAP Asia - a company which strongly believes in giving back to the community. Our company visits DPH during festive seasons (Chinese New Year, Mid-Autumn Festival and Christmas) with the hope of bringing some warmth and joy to the patients. I did not know what to expect the first time I signed up for this community engagement activity. Little did I expect the two hours spent with the patients could make such a big difference - not just to the patients' lives, but to mine. I watched how my peers opened their hearts to the patients and served without reservation. I saw how we had touched the hearts of the patients, and in return, our own hearts were touched. I have never felt so trusting, so connected with people, and so human. Though emotionally exhausted after the event, I felt truly fulfilled. After my third visit to DPH as a Corporate Social Responsibility (CSR) volunteer, I decided I wanted to do more and joined DPH as a volunteer.

In 2019, the "iMPACT" group chose to support palliative care patients and their families to improve their quality of life. Members of the group believe in upholding our social responsibility by supporting different causes and enriching ourselves by engaging with different organisations.

What is Halliburton's CSR focus and/or activities for 2020?

We continue to centre our community work for 2020 around our four pillars of giving: education, environment, health & safety and social service. Singapore employees plan to hold another fundraising carnival this year and offer continued volunteer support at Dover Park Hospice and the "Hair for Hope" programme organised by the Children's Cancer Foundation. Many planned activities for 2020 may be affected as the world deals with the COVID-19 outbreak. Hence, we have also been looking into online fundraising opportunities.

What volunteering activities are you involved in at DPH and how do you juggle work and volunteering?

I am part of the DPH Ambassador team. I am also involved in befriending, vigil and home care patients' outings. Juggling work, family life and volunteering would not have been easy for me without the support of my colleagues, family and the awesome team at DPH. They are well aware of my commitments and are always ready to support when needed, for example, by assuming added responsibilities. I have learnt not to be shy to ask for support from colleagues and family so that I do not burn out. Similarly, the team at DPH, staff and volunteers alike, have always been understanding and supportive when a volunteer needs to be away due to other priorities. The sense of belonging, I think, is one thing that keeps volunteers returning.

What would you say are the benefits of having groups conduct their CSR activities at DPH?

I can only speak from my own experience. The first time I stepped into DPH as a CSR volunteer was really impactful and life-changing for me. I saw in reality that "health is a gift which can be taken away from you anytime". These words of wisdom were nothing new to me, but standing on the grounds of DPH and seeing it with my own eyes, feeling it with my own heart, I knew I had not fully understood these words until then.

I am grateful that our company organises visits to DPH regularly where employees come together to contribute to a meaningful cause and are reminded that "Every Moment Matters". Having learnt so much at DPH together, we are able to remind each other of "what really matters". The office has become a better place as we continue to learn to live life to the fullest.

Li Yean

Why do you think it was beneficial to introduce your colleagues to participate in a CSR activity at DPH?

Giving back to the community is very much in line with our company values at Ciena. We regularly take time away from the office to participate in community CSR efforts. In fact, Ciena matches monetary donations we make to the charities of our choice. Introducing my colleagues to DPH helped them understand more about how a hospice works, its environment and the role volunteers play in hospices. It is also a unique and heartwarming opportunity for us to help provide comfort to those in need.

In what way(s) is/are volunteering as a DPH-trained volunteer and volunteering as part of a CSR group different?

The differences lie in the length of time spent volunteering and the activities involved. For example, when you are a DPH-trained volunteer, you spend more time at the hospice and commit to ongoing, regular volunteering slots. As a CSR group, we typically do a one-time activity in a group-oriented format.

After the CSR activity, have any of your colleagues given any feedback on how they felt about their visit to DPH? Has there been any impact on them?

Some of my colleagues shared that their initial impression of hospices changed after our CSR group visited DPH. They saw that it is not a gloomy place, but rather a place full of compassion, service and light! One individual had such a positive experience that he decided to register as a DPH-trained volunteer after the visit!



The enthusiastic team of volunteers from SAP Asia



The team of volunteers from Ciena Communications all set to bring some Christmas cheer to our patients

Corporate volunteerism has a positive impact on organisations. Participating in the activities organised provides a sense of fulfilment and makes the lives of those involved more meaningful. The activities also foster a closer relationship between employees and enhance organisational pride while enabling them to contribute to a good cause. We hope that these volunteers' stories will inspire more to join us, individually or as a corporate group.

Additional information:

1. SAP Asia Pte Ltd has been a long-time corporate partner of DPH. Each year, the staff give out goodie bags to our patients during festive periods like Chinese New Year, Mid-Autumn Festival and Christmas. The team puts up lanterns around the hospice to bring cheer to everyone during the mid-autumn period. They dress up to add to the festivities and bring smiles to patients' faces while singing to and with them. SAP Asia Pte Ltd also donates to DPH.

2. Ms Cheah Li Yean is a volunteer gardener and befriender at DPH. With her green fingers, she nurtures the orchids and herbs, and manages the vegetable patch together with other volunteers in DPH Topaz Group (Gardening Group).

3. Ciena Communications Singapore Pte Ltd visited DPH last December - the staff visited the patients (Inpatient Care) and distributed goodie bags to them. They also sang some Christmas carols for patients from both Inpatient Care and Day Care.